



FROM BURNOUT TO BRILLIANCE:

REIGNITING PASSION IN RESPIRATORY CARE & EDUCATION

NATIONAL RESPIRATORY CARE & EDUCATION CONFERENCE HYATT REGENCY, CALGARY, AB, OCTOBER 23<sup>RD</sup> - 25<sup>TH</sup>



THURSDAY, OCTOBER 23<sup>RD</sup>, 2025

Five by 35 National Townhall\*
Achieving Canada's Tobacco Reduction Target

8:00 am
Breakfast & Networking



**Speaker:** Treffrey Deerfoot Blackfoot Knowledge Keeper

8:50 am
Opening Remarks

**Speaker:** Rob Skrypnek, Executive Lead Planning & Quality, Primary Care Alberta

9:00 am
Five by 35:
Challenges & Opportunities

Speaker: Les Hagen, ASH Canada

9:20 am

**Progress Toward Five by 35** 

**Speaker:** Rob Cunningham, Canadian Cancer Society

9:40 am
Five by 35:
Mid-Point Review

**Speaker:** Dr Michael Chaiton, University of Toronto

10:10 am
Coffee Break

10:30 am
Collaborative Session #1:
Reaching Five by 35

Lunch & Networking

12:30 pm Special Populations: Gender & Equity

Speaker: Dr Lorraine Greaves, BC Centre for Women's Health

1:00 pm

**Considerations for Indigenous People** 

**Speaker:** Treffrey Deerfoot

1:20 pm
Collaborative Session #2:
Strategies for Special Populations

2:45 pm Coffee Break

3:00 pm Report Back

3:15 pm Closing Circle: Reflection

3:50 pm Closing Remarks

Presented by



\*Additional fee required





THURSDAY, OCTOBER 23<sup>RD</sup>, 2025

5:00-6:00 pm Welcome Reception

6:00-6:45 pm Symposium

Sponsored by Baxter



7:00-8:00 pm
Keynote Speaker:
Trish Tutton
Love Your Work:
Lose the Burnout









FRIDAY, OCTOBER 24<sup>TH</sup>, 2025

8:00-8:45 am

**Breakfast Symposium** 

Hit Me With Your Best Shot:

Practical Tips on Respiratory Vaccines

**Speaker:** Dr George Zhanel

9:00-9:15 am

**Welcome & Opening Remarks** 

Speakers: Cheryl Connors, CNRC Executive Director

Kathy Hayward, CNRC President Cindy Slack, Conference Chair



9:15-10:00 am
Keynote Speaker:
Jill Hubick BKin BSN RN CRE
Making a Difference:
The Power of an Educator
How to Invoke Change,
Hope and Inspiration

Sponsored by

10:00-10:30 am
Nicotine 2.0:
Harm Reduction or Risk Re-Direction?

**Speakers:** Aaron Ladd BMR RRT FCSRT MEd CTTS CRE CTE

Jamil Ramji BSP PharmD ACPR CTE

10:30-11:00 am
Refreshment Break & Visit Exhibits

11:00 am-12:15 pm
WORKSHOPS SESSION 1

101
Unravelling Chronic Cough:
Diagnosis, Management, and
Patient Impact

Facilitators: Janet Philpott RRT CRE CTE

Janel Carley RRT CRE CTE

102
What's Your Next Move?
Interactive Complex Respiratory Cases

Facilitator: Ellen Michaud RRT CRE

103

**Cannabis in Care:** 

Perspectives on Cannabis Use in Youth and Adults

Facilitators: Michelle Fry MSc CEP

Jamil Ramji BSP PharmD ACPR CTE

104

Oxygen Therapy at Home: Navigating the Challenges of COPD Care

Facilitator: Jesse Haddock BSc RRT CCSH RPSGT FCSRT

105
Breathe In the Data:
Leveraging a Respiratory Database to
Uncover Alpha-1

Facilitators: Jeanna Townsend RRT CRE
Amin Thawer RRT CRF





FRIDAY, OCTOBER 24<sup>TH</sup>, 2025

12:15-1:00 pm Lunch

1:00-1:45 pm Symposium

Sponsored by **G5K** 

Treating to Prevent in COPD: A Novel Concept

Speaker: Dr. Brandie Walker

1:45-2:30 pm

Paediatric Asthma:

What's New, What's Changing, and What Still Matters

**Speaker:** Dr Mary Noseworthy

2:30-3:15 pm

**Across the Lifespan:** 

How Hormonal Changes Impact Lung Health

Speaker: Dr Melissa Morgunov

3:15-3:45 pm

**Refreshment Break & Visit Exhibits** 

Réseau canadian Network for Respiratory Care

3:45-5:00 pm WORKSHOPS SESSION 2

201

Mindfulness for Quitting Smoking: Disrupting Automatic Behaviours through Awareness

Facilitator: Olsen Jarvis RRT CTE

202

Effective Facilitation of Group Behaviour Change

Facilitators: Darrel Melvin RRT MEd CRE CTE

Cindy Slack BHSc RRT CRE CTE

203

"I know I should, but...":

Change Management Strategies that Work

Facilitators: Angie Shaw RRT CRE Elyssa Mountain RKin CRE

204

Unravelling the Person with COPD: A Holistic Approach in Self-Management

**Education** 

Facilitator: Jennifer Dunham-Schneider RN BScN CHWC CRE

205

Tiny Lungs, Big Challenges: Tackling Paediatric Asthma Together

Facilitators: Dr Mary Noseworthy

Kathy Hayward BSP CDE CRE CTE

5:00-5:30 pm

**CNRC AGM & Recertification Training** 



SATURDAY, OCTOBER 25<sup>TH</sup>, 2025

8:00-8:45 am Breakfast Symposium

Sponsored by AstraZeneca

Breaking Boundaries in COPD: Advancing Personalized Patient Care

**Speaker:** Dr Bryan Ross



9:00 - 10:00 am
Keynote Speaker:
Dr Samir Gupta
A Conversation with Dr G

10:00 -10:45 am

**Demystifying Biosimilars** 

Sponsored by CELLTRION

Speaker: Dr James Ramsahai MD PhD FRCPC

10:45-11:15 am
Refreshment Break & Visit Exhibits



11:15 am - 12:15 pm
Keynote Speaker:
Prof Timothy Caulfield
The Certainty Illusion:
What You Don't Know &
Why It Matters

12:15-1:00 pm A. Les McDonald Awards Luncheon

1:00-1:15 pm

Poster Presentations (3 Minutes, 3 Slides)

1:15-2:30 pm WORKSHOPS SESSION 3

301

Nicotine 2.0:

Navigating the Cessation Conversation with Vaping and Emerging Products

Facilitators: Aaron Ladd BMR RRT FCSRT MEd CTTS CRE CTE

Jamil Ramji BSP PharmD ACPR CTE

302
Inhale Insight, Exhale Expertise:
Breathing New Possibilities into ILD
Pulmonary Rehab

Facilitator: Darla Sologar RRT CRE

303 Smart Tools, Better Breathing: A Hands-On Workshop

Facilitator: Dr Samir Gupta

304
Enhancing Airway Clearance and
Drug Delivery:
OPEP and Spacer Techniques

Facilitators: Kaling (Candy) Leung RRT CRE
Allexinn Torrero BSc RRT CRE

Sponsored by







SATURDAY, OCTOBER 25<sup>TH</sup>, 2025

2:30-3:00 pm
Refreshment Break & Visit Exhibits

3:00-3:30 pm

Name That Symptom Jeopardy Edition: Expanding CRE & CTE Competencies

3:30-5:00 pm

Motivational Interviewing (MI):
Strengthening Conversations Through
Skillful Practice (Interactive Session)

Lead: Rosa Dragonetti MSc RP CTE

Co-Facilitators: Aaron Ladd BMR RRT FCSRT MEd CTTS CRE CTE

Andrea White Markham RRT CRE CTE

Cindy Slack BHSc RRT CRE CTE
Ken Burns RPH BScPharm CDE CRE CTE

5:00 pm Closing Remarks



